



Branch Manager
Elke Readman
0452 193 026

Secretary:
Alison Fitzpatrick
PO Box 1718
Kingscliff 2487
Ph 0423 764 220

Treasurer:
Sharon Buchanan
Ph 0419 260 744

Email: casuarinahockey@yahoo.com
Website: www.casuarinahockey.com
Facebook: www.facebook.com/hockeycasuarina



**Welcome to the 2019
Hockey Season**



@ Casuarina Hockey Club

www.casuarinahockey.com

casuarinahockey@yahoo.com

To Register:

1. Go to www.casuarinahockey.com click on 2019 Player Registration Open-Now
2. As part of 1. You will also be able to register with Hockey Australia/Queensland.

The link is below if you have any problems.

<https://tgp-synergy.apps-tgplatform.sportstg.com/login?startURL=%2Fform%2F0010I000021dfITQAQ%3FformId%3Da2G0I000000NHXSUA4%26display%3D>





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Welcome to the 2019 Hockey Season

A big welcome back to our Club members from previous years and a warm welcome to all new members and families to our Club in 2019. Casuarina Hockey Club, through its values, is committed to providing equal opportunities and a fair playing environment to benefit the health, safety, enjoyment and well-being of its members. Our Club commenced in 2001 and our Values define what we stand for as a Club and we encourage you to read and embrace them. The Casuarina Hockey Clubhouse was opened in September 2013 and provides a home for our members and families with a canteen, office and meeting room facilities. We encourage you to help out in some capacity, contributing along with other keen members of our Club.

Our website is the main source of communication, it provides:

Values, Rules, Policies, Responsibilities Forms & Contacts	(Click on Club Documentation)
Committee & Coach/Manager Contacts	(Click on Club Documentation)
Coaching Drills & Umpiring Info	(Click on Info & Resources)
Registration Form, Uniforms & Bank Details	(Click on Info & Resources)

Teams - Casuarina Hockey Club has fielded the following teams:

Under 7 - mixed boys & girls - (7's must turn 7 or under in the playing year)
Under 9 - mixed boys & girls - (9's must turn 9 or under in the playing year)
Under 11 Girls and Under 11 Boys - (Must turn 11 or under in the playing year)
Under 13 Girls and Under 13 Boys - (Must turn 13 or under in the playing year)
Under 16 Girls and Under 15 Boys - (Must turn 15 or 16 or under in the playing year)
Division 1,2,3 Women & Men. Division 1 Men are called the Sharks.

The Casuarina Executive has regular meetings during the season. **Members are welcome and encouraged to provide feedback or suggestions.** A notice of forthcoming meetings will be notified on Facebook and via email and **you may add items** for the agenda.

In the case of discriminatory or unfair treatment of players or officials, concerns or complaints, we ask that you contact one of the following people or **lodge a formal written complaint.** Privacy is of priority and any matters will be addressed in a professional manner:

Elke Readman 0452 193 026, **Branch Manager** Alison Fitzpatrick, **Secretary** – 0423 764 220

In the event of wet weather check the Tweed Border Hockey website at www.tweedborderhockey.com or the Casuarina Hockey website www.casuarinahockey.com or finally phone your team manager.

2019 Casuarina Fees (Includes All Turf Training & Game Fees): **Registration enquiries phone...**
Secretary: Sharon Buchanan 0419 260 744 or **Registrar** Peter Fitzpatrick 0413 379 670

Division 1	\$355 (Plus additional fee to Hockey QLD = \$127 Over 18, 18-20 \$102)
Division 2 & 3	\$320 D2 & \$310 D3 (Plus additional fee to Hockey QLD = \$127 Over 18, 18-20 \$102)
Junior playing senior hockey & 17 & Under in 2019	\$290 (Plus additional fee to Hockey QLD = \$102 - 10-17 Yrs)
Junior U16/17 (16/17 & Under in 2019)	\$210 (Plus additional fee to Hockey QLD = \$70 - 10-17 Yrs)
Junior U13(13 & Under in 2019)	\$205 (Plus additional fee to Hockey QLD = \$70 - 10-18 Yrs)
Junior U11's (11 Under in 2019)	\$180 (Plus additional fee to Hockey QLD = \$70 - 10-18 Yrs)
U7's, & U9's (7/9 Under in 2019)	\$120 (Plus additional fee to Hockey QLD = \$37 - Under 10)
Goalkeepers using Casuarina gear	20% discount on above fees
Goalkeepers using their own gear	30% discount on above fees

Dual registered players 2019 (Includes All Turf Fees):

Division I (Dual Club within Tweed)	\$230
Senior	\$280
Junior Playing Senior	\$230
Junior U11-17	\$170
All Goalkeepers	\$140

Note: Fees includes all Tweed Border Association, club turf training and turf/grass match fees. The fees also include specialist coaches and equipment, junior presentation, trophies, representative players, admin and general expenses and levies for field marking, maintenance and repairs. Costs for any pre-season fitness sessions and TBHA costs such as umpiring and administrative costs. Does not include umpire costs if your team decides to pay an umpire rather than doing an allocated duty. **Players will also pay the Hockey Queensland/Hockey Australia component of their fees separately (and directly) to Hockey Queensland, this includes insurance.**

Players must be registered and paid no later than Sunday 17 February 2019 so we can allocate players to teams.

To register:

If you are a **new player** to the Club please go to www.casuarinahockey.com **select the Casuarina Club Registration Button** on the home page.

Past players will receive an email to register or can register here as well.

New and past players can also attend Come try **sign-on evening (Sunday 10th Feb 3-5pm @ hockey fields)**

Email casuarinahockey@yahoo.com with:

1. Special requests/queries ie. If they would like to be in a team with a friend.
2. Other teams or grades they would like to play

ALL players will need to complete the Hockey Australia/Queensland section of the registration through the online registration process.

Problems with this part email casuarinahockey@yahoo.com or support@hockey.org.au or phone Hockey Australia support team on 03 9947 9921.

Payment of Club Fees can also be made on registration day or directly: **Casuarina Hockey Club BSB: 082679 Acc: 583878332** (use name & Fees as reference). Payment via credit card can made through online registration.

ALL payment plan requests can be arranged through online registration. For Family discounts or fee reductions, please apply in writing to casuarinahockey@yahoo.com

When registering our club is Tweed Border Hockey (Casuarina Hockey Club).

The hockey season games commence:

Women/Men Division 1:	Sunday 10 th March, 2019
Women Div 2/3 & Junior Girls U11-U13:	Friday 5 th & Saturday 6 th April 2019
Under 16 Girls:	Monday, 8 th April 2019
Men Div 2/3, Junior Boys U11-U16:	Friday 5 th & Saturday 6 th April 2019
Under 7 & Under 9:	Saturday 6 th April 2019

The draw & wet weather details are available at www.tweedborderhockey.com

Training commences:

Under 7/9:	commence training on Thursday 21st March 4.00-5pm, Casa
Under 11-15 Boys:	commence training on Wednesday 20th March 4.30-6pm, Casa
Under 11-13 Girls:	commence training on Wednesday 20th March 4.30-6pm, Casa
Under 16 Girls:	commence training on Thursday 21st March 4.30-6pm, Casa
Div 1 Women:	commence training on Thursday 28th Feb at 6-7pm Turf
Div 1/2/3 Women:	commence training on Thursday 28th March 6pm- 7pm, Casa
Div 1 Men:	commence training on Thursday 28th Feb 7-8pm, Turf
Div 2/3 Men:	commence training on Thursday 28th March 7pm- 8pm, Casa

Then the following cycle begins....

Division 1/2/3 Women	(3 week cycle) Week-1, Thursday 6-7pm 14/3/18 Turf @ Brisbane St Murwillumbah , Week 2-Thursday 6-7pm Turf, Week 3-Thursday 6-7pm, Grass @ Casuarina
Division 2/3 Men	(3 week cycle) Week-1, Thursday 7-8pm Turf, Week 2-Thursday 7-8pm Turf, Week 3- Thursday 7-8pm, Grass @ Casuarina
U15-16 Boys/Girls	(3 week cycle) Week-1, Thursday 4.30-6pm Turf 7/3/19 , Week 2, Thursday 4.30-6pm Turf Week 3- Thursday 4.30-6pm, Grass @ Casuarina
Under 7/9/11 Boys & Girls	Train & Play Saturday Mornings @ Murwillumbah, Casuarina, Kingscliff, Pottsville or Burringbah (as per draw)

Uniforms - Casuarina Club Colours are Black, Aqua and White, consisting of the following combinations:

Women - Shirt - Aqua/black/white (t-shirt and lycra)
 Skirts - Black (black lycra shorts-under skirt)
 Socks - Aqua with black and white bands

Men - Shirt - Aqua/black/White
 Shorts - Black
 Socks - Aqua with black and white bands

The Casuarina Hockey **Club uniform** policy outlines that all players will purchase their own uniforms and keep their uniforms as per the uniform requirements of the club.

Representative Hockey: Many opportunities exist – keep an eye on www.tweedborderhockey.com

Items that will be for sale from the club are:

Mens shorts	Purchase own, but must be plain black - no board shorts, we have some stock
New Mens shirt U11 - Snr	\$45
New Womens shirt U11 - Snr (lycra)	\$45
Hoodies	\$40
U7/9 Playing T-Shirts	\$15
Socks	\$10
Skirts Size 4-18	\$30
Recycled Uniforms	\$10 (skirts) \$20 (shirts) if available

The club's uniform coordinator is **To Be Advised**. **Players needing a new uniform or part thereof can order online by going to <http://www.casuarinahockey.com> Click uniform button** Uniforms will need to be paid for by cash or EFTPOS at the time of ordering. If paying directly to the Club account via internet, please (**use name & Uniform as reference**). Collection will need to be arranged at the Casuarina Hockey Club.

Payments can be made online to: **Casuarina Hockey Club, NAB**
 BSB: 082679
 Acc: 583878332

Our facebook page is: **<https://www.facebook.com/hockeycasuarina>**

Our web-address is: **<http://www.casuarinahockey.com>**

Email: **casuarinahockey@yahoo.com**

Our Club Values

Our Club values define what we stand for and how we behave internally & externally. It is the platform on which the brand of Casuarina Hockey Club is built.

The following behaviours are our expectations of ourselves, our committee, our coaches/officials, supporters and our players

Respect for each other, our coaches, opponents, umpires and supporters

- We demonstrate respect by all of our actions with the club, players, coaches, officials & opponents.
- Being punctual is a basic foundation for respect
- We encourage feedback from each other, right place, right time, right way. I will talk to you, not about you!
- We respect and encourage diversity

Be the Best YOU Can Be

- We all have different personal & team goals but we all take responsibility for achieving those
- We do **our** best on the field without over-emphasising comparative performance yet still being determined to reach one's personal objectives
- We support and encourage those who do strive for the highest level
- We expect that coaches, parents and officials lead by example and encourage and reinforce our values and sense of self responsibility

Unity through Inclusion

- We welcome those who demonstrate our Club Values
- We celebrate our wins and work on our losses together
- We strive to be a championship club, not necessarily being a Club of champions
- We embrace equality and inclusiveness

Friendship and Fun

- Hockey is a game, so enjoy it and have fun
- Encourage teammates and create a safe learning environment
- Sport provides the opportunity to create lifelong friendships with team-mates as well as opponents

Casuarina Hockey Club
Committees Roles & Responsibilities 2019

website: www.casuarinahockey.com Email: casuarinahockey@.com

Facebook: www.facebook.com/hockeycasuarina

<p>Executive</p> <ul style="list-style-type: none"> • Set policy/Fees • Establish clubs future goals • disseminate information to club members • manage ongoing club operations • Prepare for sign-on, update & print information booklet, put up signs, advertise in CHC schools newsletters & local newspapers • Attend sign-on, with info/receipt books/sample uniforms for ordering <p>Registrar (Executive)</p> <ul style="list-style-type: none"> • maintain records of membership • collect child protection forms 	<ol style="list-style-type: none"> 1. Branch Manager – Elke Readman 0452 193 026 (Tweed Border Delegate) 2. Technical Support Coaching/umpiring/ selections Kelly Bedford 0410 667 730, Reta Murphy 0439 758 567 (Reserve Tweed Delegates) (Public Officer) Margie Coleman 0413622950 3. Transitional Treasurer –Sharon Buchanan 0419 260 744 4. Communications–Alison Fitzpatrick 0423 764 220 5. Registrar Jnr Peter Fitzpatrick 0413 379 670 6. Sharon Buchanan 0419 260 744
<p>Grounds Committee</p> <ul style="list-style-type: none"> • Mark fields and ensure council has mowed grounds • Ensure stock for field marking and other ground equipment and keep clean • Repair goals and fencing (or organise) • Ensure lights in working order (report to council if not) <p>Contact Gary Bryants 0449 903 935 Council Sports Officer to remove graffiti, report damage, to have fields mowed & ready etc.</p>	<p>Grounds - Mick Fahy 0415 678 949 Philip Reid 0411 828 907 Glen Seaton 0425 575 333 Dan Clark</p> <p>www.casuarinahockey.com (wet weather Closures)</p>
<p>Under 7 / Under 9 Coordinator</p> <ul style="list-style-type: none"> • Plan & coordinate training, games and skill development • Seek coaches and managers for teams • Team selections • Set-up U7/9 field on Casuarina home game day ie. Coordinate BBQ setup with Canteen person, ensure field is marked (with grounds Committee), set one hat on each field corner and hats as goals at each end of fields • Ensure games start and finish on time U7 15 min each was 2 min break, U9 20 min each was 3 min break. 	<p>Tweed taking over this role</p> <p>Coordinator Amanda Ind 0409484 238 - 2018 U7/9 Saturday setup when at Casuarina</p>
<p>Coaching/Selection</p> <ul style="list-style-type: none"> • Coordinate skill development • Plan and coordinate training and games • Team selection initially • Plan the delivery of coaching seminars or support for club coaches • Develop pathways from junior ranks to senior, and decide eligibility for senior divisions • Develop programs for coaches 	
<p>Umpiring</p> <ul style="list-style-type: none"> • Enter umpiring list of names to TBHA for weekly duties • Plan rules lecture / exam • Assist juniors and others coming through • Set policy on who is / isn't umpiring 	

<p>Uniform</p> <ul style="list-style-type: none"> • Keep records of uniform allocation • Liaise with executive if new stock needed • Divide into team bundles and disseminate to team managers / team rep at start of season and collection from same rep at season end if needed • Re-sell second hand stock as available 	<p>Tweed to take on this role???</p> <p>(Sallee Trigg to sell uniforms in Canteen)</p>
<p>Equipment</p> <ul style="list-style-type: none"> • Asset register and lodgement into financials • Disseminate and collect equipment with Team Managers • Keep records of equipment allocation • Liaise with executive/coaches if new stock needed • Assist with Uniform sub committee where necessary 	<p>Sharon Buchanan 0419 260 744 Ginny Freeman 0439 897 867 & Grounds Committee</p>
<p>Canteen</p> <ul style="list-style-type: none"> • Ordering of supplies for home games • Organising roster for parents/players to set up and put away of canteen on home games 	<p>Sallee Trigg - 0420 307 490</p>
<p>Junior/Senior Presentation</p> <ul style="list-style-type: none"> • Arrange trophies and end of year Jnr/Snr presentation <p>Social Committee</p> <ul style="list-style-type: none"> • Organise Social fundraising event <p>Sponsorship & Marketing</p> <ul style="list-style-type: none"> • Liaise with current Major sponsors Salt & Kingy Bowls 	<p>Peta Fahy 0410 669 073 Trophies – Pamela Jefferies 0497 862 832 & Linda Howarth 0408 878 594</p> <p>Sponsorship -Bec Hogan 0406 886 704 Liaise Salt – Reta Murphy 0439 758 567</p>
<p>Financial</p> <ul style="list-style-type: none"> • Develop policy for turf usage and fee structure for all divisions • Set yearly budget • Develop policy on surplus usage <p>Business Strategy Committee</p> <ul style="list-style-type: none"> • To devise business strategy for ongoing income 	<p>Sharon Buchanan 0419260744 Phil Reid 0411 828 097</p> <p>Vacant</p>
<p>Communications</p> <ul style="list-style-type: none"> • Update of club website/Facebook/Newsletter 	<p>Vacant – Need younger person</p>
<p>Statistician</p> <ul style="list-style-type: none"> • Establish club history from inception • Record Players number of games, goals first joined • Record representative honours ie. Tweed Border to Aust. • Game results 	<p>Alison Sands 0404 497 163</p>
<p>Club House</p> <ul style="list-style-type: none"> • Track fund & hiring opportunities • Oversee hiring/maintenance 	<p>Sharon Buchanan 0419 260 744</p>

Casuarina Hockey Club

Personnel Responsibilities

At Casuarina Hockey we value the players, coaches and all personnel including our parents, managers, administrators, canteen, uniform, grounds people and all those people who each year volunteer their time and effort to make Casuarina a great hockey club.

We have developed a list of responsibilities which we hope will assist you in your roles.

At Casuarina Hockey, we have always encouraged players to take full responsibility for all that happens at hockey. We ask that coaches, parents and officials lead by example and encourage and reinforce this wherever possible.

Player Responsibilities:

Equipment:

1. Ensure that you bring to the game and collect on departure your hockey stick, shin pads, mouthguard, water bottle.
2. Assist with the collection of your team's balls, markers, bibs and goal-keeping gear.

Commitment:

1. Participate for your own enjoyment and benefit, not just to please parents and coaches.
2. Be punctual to training, give 100% (what you put in to training = is what you get out of it)
3. The Game:
 - be ready to warm-up at least 30 minutes before game
 - inform coach/manager via phone call or text when you are unavailable, and give plenty of notice so that a substitute can be found
 - be prepared to be substituted at any time
 - work equally hard for yourself and your team mates so that you and your team will benefit

Player Conduct:

1. Always play with sportsmanship whether you are winning or losing.
2. Appreciate good play whether it is made by your team or the opposition.
3. Show respect to officials and opponents.
4. Encourage and respect your team mates.
5. Play by the rules.
6. Do not argue with an official, if you disagree, have your captain, coach or manager speak with the official during a break or at the end of the game.
7. Treat all participants in your sport as you like to be treated

Parental Responsibilities:

1. Remember that children participate in sport for their enjoyment, not yours, so encourage them to do the best they can for themselves and their team.
2. Encourage the above player responsibilities.
3. If your child is unavailable to play, ensure that the child's coach or manager is notified via phone call or text.
4. Encourage children to play by the rules and with sportsmanship.
5. Focus on the child's efforts and performance rather than winning or losing.
6. Always allow the coach to do their job and support your child with only positive comments from the sideline.
7. Respect officials' decision and teach children to do likewise.
8. Help the Club. We are all busy parents, however if we all offer a little help in some capacity, we can take the load off a few eg. collecting balls and equipment, canteen duty, handing out notices, attending fundraising events, grounds etc.
9. Check the Club and Association websites and know when training, matches and other club meetings and events are being held.
10. Enjoy sharing the experience of playing and being involved in a great club with your child.

Casuarina Hockey Club

Personnel Responsibilities

Coaches Responsibilities:

1. Greet and meet parents of children in your team and get contact names and phone numbers.
2. Be organised and on time to trainings and matches.
3. Remember that young people participate for pleasure and winning is only part of the fun.
4. Never ridicule or yell at a young player for making mistakes.
5. Operate within the rules and spirit of your sport and club and teach your players to do the same.
6. Ensure the time players spend with you is a positive experience.
7. All young people are deserving of equal attention and opportunities.
8. Display control, respect and professionalism to all involved with the sport and encourage your players to do the same.
9. Show concern and caution toward sick and injured players and seek medical assistance as required.
10. Any physical contact with a young person should be appropriate to the situation and necessary for the players' skill development.
11. Respect the rights, dignity and worth of every young person regardless of their gender, ability, cultural background or religion.

Managers Responsibilities:

1. Encourage the above player responsibilities.
2. Greet and meet parents of children in your team and collect contact names and phone numbers.
3. Always allow the coach to do their job and support all children with only positive comments from the sideline.
4. Check the Club and Association websites to know when training, matches and other club meetings and events are being held and disseminate this information to players and coach.
5. Be organised and on time to trainings and matches.
6. Organise uniform orders and distribution at the beginning of the season.
7. Assist coach and children collect equipment and ensure goal keeping equipment is kept in good condition and is returned to the club at the end of the season along with any hockey balls, hats and bibs.
8. Know where first aid kits and first aid assistance can be found at each venue.

Score Book:

1. For U11 to Senior teams - Prior to match commencing check that the card or Tweed Border Score Book has all players names and numbers that are playing that day listed.
2. Ensure that all players playing on the day are registered and graded to play in the correct team/s.
3. During the match record goal scorers for both teams.
4. At the completion of the match, check the scores with the opposing team, write the scores on the card or book, seek Captains and Umpires signatures.
5. Ensure that the game day card or sheet is handed into the Tweed Border Hockey Association Office prior to the following weeks game. A loss of points may result if the card is not handed in time.
6. Teams that fail to hand in a score card or sheet from the score books will lose points for that match and it is recorded as a loss.

Casuarina Hockey Club Welcomes & Values Our Sponsors

The Committee and Members thank our sponsors for the 2018 year. Our major sponsors in 2018 were **Salt Bar, Salt Village, Kingscliff, Pottsville and Cabarita Physiotherapy** – Daniel MacDonald. **NR Signs** and **Not Just A Copy Shop** also support us each year. The Kingscliff Bowls Club has kindly sponsored our junior coaching program in 2018 & again in 2019. **All purchases at Rebel Sports earn 5% for the Club**, please say you are from Casuarina Hockey Club for us to earn points and purchase hockey equipment! **If a club member takes out a home loan from NAB** and mentions they are involved with the Club, then the club has the potential to earn a fee from the NAB.

If you feel your business is a fit for our Club we would be proud to display business signage at the Casuarina Hockey Club ground for the duration of the 2019 season. For details on sponsorship opportunities please see below and contact Philip Reid 0411 828 097.

GROUND SPONSOR - (Business Sign to hang from the Casuarina Club fence) – Cost \$500 (+ cost of signage)

- Sponsor to provide Advertising board/poster (Art work), as per council requirements signs need to be simple, PVC and 1m x 1.5m. Preferred supplier NR Signs.
- Sponsorship duration will be for one season (March to September).
- Business advertorial on Casuarina Hockey Website (sponsor to provide web advert set-up)

All artwork & signage will need to be approved by the Casuarina Hockey Club Committee.

Brief summary of U7/U9 rules for New Families

U7:

- Two 15 minute halves, 3 minute break at half time, goals about two metres apart on the sidelines.
- 5 on the field at once (If more than 2 players off, can play 6 aside if other team also agrees but NO MORE than 6 as it is too crowded and dangerous.
- If the opposing team is short of players, we can lend and borrow players as needed.
- 1/4 field set up across the field, with goals on sidelines two metres apart.
- Our Club plays - 3 up, 3 back or 3/2/1 if 6 players, and 3 up, 2 back if 5 players.
- Our Club encourages coaches to play players in the same positions for half a game and then swap the forwards to the backs and vice versa.
- Aim is to let the game flow freely at this age so do not blow the whistle too much.
- Encourage kids to spread out and keep their 'starting positions'. Safety from swinging sticks and hacking is the priority at this age.

Rules U7:

- Push passes only when in field of play.
- If ball goes over own goal line by attack then defence takes ball opposite where it went out about 10 metres out from goal line and takes a free push/self play.
- If the ball goes out over the sideline it is taken where the ball crossed the line.
- In terms of rules, blow whistle when there is danger ie. Swinging or raised sticks, lifted balls and too many players on the ball at one time. If this happens give a free hit to a team (alternate which team will get this hit) and spread them all out. Also, blow free hits for players hacking sticks. Do not worry too much about players kicking the ball, unless it is deliberate.
- For a goal to be scored the ball must be played or touched by an attacking player within 5 metres of the goals. Any further out is deemed not to be goal (small circle goals should be marked on the field)

U9:

- Two, 20 minute halves, 3 minute break at half time
- 7 or 8 on field at once (NO MORE than 8)
- 1/2 field set up, Goals on sideline, two metres apart.
- Play 3 forwards, 3 halves, 2 backs
- In terms of rules, blow whistle when there is danger ie. Swinging sticks, lifted balls and too many players on the ball at one time. If this happens give a free hit to a team (alternate which team will get this hit) and spread them all out. Safety is priority.

Rules U9:

- U9 can hit or slap hit the ball in certain situations.
- If ball goes over own goal line by attack, then defence takes the ball opposite where it went out about 10 metres out from goal line and can take a free hit/push/self play.
- Free **hits** can also be taken when the ball goes over the sideline or backline.
- **Free hits can ONLY be standing hits.** They can also be push passes or self-play runs, but once the player is moving they cannot hit the ball then.
- The defending team players must be 5 metres back from a free hit, but can run in once the ball has been passed or played.
- If the ball goes out over the sideline it is taken where the ball crossed the line.
- In terms of rules, blow the whistle when there is danger ie. Swinging or raised sticks, lifted balls and too many players on the ball at one time. If this happens give a free hit to a team (alternate which team will get this hit) and spread them all out. Also blow free hits for players hacking sticks or using the back of their stick.
- Blow the whistle more when players kick the ball, but be flexible with this rule as players are learning. As a guide be strict in the attacking and defensive goal areas, and perhaps more flexible with this rule in the midfield area.
- For a goal to be scored the ball must be played or touched by an attacking player within 5 metres of the goals. Any further out is deemed not to be goal (small circle goals should be marked on the field)

Casuarina Hockey Club Coaches & Managers 2019

The following people have nominated for a position in 2019. We encourage you to nominate and be involved in coaching or managing. Coaching and Selection Committee members are available to provide coaching support and also to conduct specialist coaching sessions throughout the year ie. Basic skills, goal shooting, tackling, marking etc. if requested.

TEAM	COACH	MANAGER
Kingscliff Bowls Coaching Program	Specialist coaches will run a 6 week coaching program for coaches and players at the beginning of the season	
U7's	Casa Coordinator TBC TBHA	
U9's	Casa Coordinator TBC TBHA	
U11 GIRLS Black U11 GIRLS Aqua	Michael Fahy 0415678949 - Saturdays	
U11 BOYS	TBC	
U13 BOYS	Philip Reid to Assist	
U13 GIRLS Black U13 GIRLS Aqua	Michelle Mitchell to Assist Sat	1. Kelly Bedford 0410667730 2. Alison Sands 0404497163
U16 GIRLS Aqua U16 GIRLS Black	1. Murray Fitzpatrick 0411262659 2. Sarah Franklin 0421338022 3. Hayley Seaton 0447377711	1. Tim Clearly TBA
U15 Boys	Mick Fahy 0415678949	
U16/17 BOYS		
DIV 3 WOMAN	Elke Readman 0452193026	TBA
DIV 2 WOMAN	Louise Ferguson 0402731834 tbc	Hayley Seaton 0447 377 711 tbc
DIV 1 WOMAN	Louise Ferguson 0402731834 Sharon Buchanan 0419260744 to Assist Thursdays	
DIV 3 MEN	Paul Crane 0408197672	TBA
DIV 2 MEN	Michael Hall 0430 727 483	Philip Reid 0411 828 097
DIV 1 MEN- Sharks.	Abel East 0421 439 927	TBA

Casuarina Hockey Club

Uniform Price List 2019 – Order online

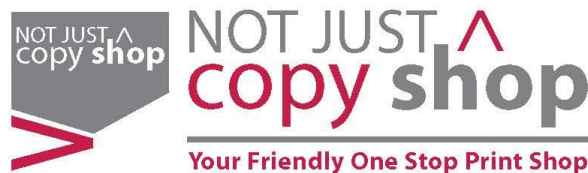
Item	Price
New Playing Shirt Under 11- Senior Women New Women's playing shirt Under 11 - Senior Aqua/black/white t-shirt and Lycra	\$45
Girls & Ladies Skirts New Girls/Women's Playing Skirt Black Lycra Shorts under Skirt Size 4-18	\$30
New Playing Shirt Under 11 - Senior Men New Boys/Mens Playing Shirt Aqua, Black & White Under 11 – Men	\$45
Socks Aqua black and white with Casuarina written on side	\$10
New Playing Shirt Under 7 & Under 9	\$20
Club Hoodies	\$40
Recycled Playing Shirts	\$20
Recycled Playing Skirts	\$10

Players needing a new uniform should order online www.casuarinahockey.com Uniforms will need to be paid for at the time of ordering. If paying prior directly to the Club account via internet, please use name and Uniform as reference. Payments can be made online to: NAB, Casuarina Hockey Club, BSB: 082679 Acc: 583878332.

Business Cards Printed On 100% Recycled Stock



*ALL PRICING INCLUDES GST & DELIVERY * PRICING DOES NOT INCLUDE ARTWORK
* FILES TO BE SUPPLIED PRINT READY TO NJACS - Graphic Design available POA



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